



Special Food and Nutrition Needs

7 CFR 210.18(g)(2) and 7 CFR 220.8(a) under United States Department of Agriculture Federal Regulations states that meals served to students must contain all meal components. Special dietary requests may be made but the request must be supported by a statement which explains the food substitution that is requested. **The request must be signed by a recognized medical authority.**

The medical statement must include:

- An identification of the medical or special dietary condition which restricts the child's diet
- The food or foods to be omitted from the child's diet
- The food or choice of foods to be substituted.

**Contact your child's school nurse to
obtain a form for a Special Request.**