

## **FLORIDA MENTAL HEALTH – Osceola Middle School Schedule**

Week of January 13, 2019

Middle School Reading and Research Classes

Social Media, Understanding Bullying and Healthy Relationships

Week of January 20, 2019

Middle School Reading and Research Classes

Compassion and Reducing Stigma

Week of January 27, 2019

Middle School Reading and Research Classes

Anger Management and Resiliency

Week of February 3, 2019

Middle School Reading and Research Classes

Belonging and Suicide Prevention

Week of February 10, 2019

Middle School Reading and Research Classes

Keeping Yourself Safe, Substance Abuse Prevention

Week of February 17, 2019

Middle School Reading and Research Classes

Keeping Yourself Safe, Substance Abuse Prevention

Week of February 24, 2019

High School English Language Arts Classes

Keeping Yourself Safe

## Overview of Classes for High School

DATE	Grade 9	Grade 10	Grade 11	Grade 12
12/9/19	COMMUNICATION SKILLS	HEALTHY RELATIONSHIPS	BEING A CHAMPION	MENTAL HEALTH
12/16/19	UNDERSTANDING BULLYING	AWARENESS OF RESOURCES	AWARENESS OF RESOURCES	MENTAL HEALTH AWARENESS
1/6/20	CRISIS MANAGEMENT	OVERCOME IDENTITY ISSUES	MENTAL WELLNESS	POSITIVE AND NEGATIVE
1/13/20	MENTAL HEALTH AWARENESS	SOCIAL AND EMOTIONAL HEALTH	DON'T STAY SILENT	DIVERSITY AND INCLUSION
1/27/20	DEALING WITH TRAUMA	SUICIDE PREVENTION	FAMILY CHALLENGES	SUICIDE PREVENTION
2/10/20	SUBSTANCE ABUSE PREVENTION	SUBSTANCE ABUSE PREVENTION	SUBSTANCE ABUSE PREVENTION	SUBSTANCE ABUSE PREVENTION
2/24/20	KEEPING YOURSELF SAFE	KEEPING YOURSELF SAFE	KEEPING YOURSELF SAFE	DEALING WITH TRAUMA